Conference Purpose
Emerging issues in health care often shift, requiring clinicians, administrators and faculty to be nimble. The program will highlight systematic EBP processes to address contemporary issues from personalized health care and shared decision making to population health, while addressing complexity in evidence-based care. Conference participants will learn strategies to translate evidence into practice and have opportunities for discussion and networking with experts. A wide variety of clinical issues will be presented based on the abstracts submitted.

Objectives
- Describe the meaning and significance of personalized health care using EBP and research exemplars.
- Discuss strategies for EBP decision making as new health care issues emerge.
- Facilitate networking to advance application of EBP for improved health care outcomes.

Jointly sponsored by
- University of Iowa Hospitals and Clinics
- Department of Nursing Services & Patient Care
- The University of Iowa College of Nursing; Csomay Center for Gerontological Excellence
- Sigma Theta Tau International - Gamma Chapter
- Allen College

Registration
Conference Cost: Early Bird $210 by 3/7/17; $250 after 3/7/17

Click here or go to www.tinyurl.com/UIHC-EBPConference to register. You will need to select the track you will attend on Thursday and the concurrent sessions you will attend on Friday.

Registration fee can be paid by credit card here or go to www.tinyurl.com/UIHC-EBPConference or by check payable to UIHC Department of Nursing and mailed to University of Iowa Hospitals and Clinics; Attn: Rosanna Seabold, Department of Nursing; 200 Hawkins Dr - T100 GH; Iowa City, IA 52242.

Participants must pre-register and will receive an email confirmation. Registration cost covers program materials, awarding of continuing education credits, invited faculty expenses, refreshment breaks and lunches. Special dietary requests may be sent to kristen-rempel@uiowa.edu. Please email kristen-rempel@uiowa.edu a request to cancel by 3/31/17 to receive a refund less a $50 processing fee. Refunds will not be granted after 3/31/17 but substitutions are permitted.
### 24th National Evidence-Based Practice Conference

**Personalized Health Care: Shades of Gray in Evidence-Based Care**

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#### Veterans Administration Nurses Program • Thursday, April 27

Interested nurses who are not VA employees are welcome to attend! To register or for more information, contact Brandi Garrett or Emily Holderness at brandi.garrett@va.gov or 319-338-0581 ext 6061 or emily.holderness@va.gov.

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30 am - 8:00 am</td>
<td>VA Program Registration</td>
</tr>
<tr>
<td>8:00 am - 11:00 am</td>
<td>VA Nursing Program</td>
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</tbody>
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#### Conference Schedule • Thursday, April 27

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>11:00 am - 12:00 pm</td>
<td>Conference Registration and Poster Setup</td>
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<tr>
<td>11:30 am - 12:00 pm</td>
<td>Boxed Lunch</td>
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<tr>
<td>12:00 pm - 1:10 pm</td>
<td>Welcome and Keynote Address</td>
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<tr>
<td></td>
<td><strong>Advance Care Planning: Personalized Healthcare at the End of Life</strong></td>
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<tr>
<td></td>
<td>Wendy Fiordellisi, MD</td>
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<tr>
<td>1:30 pm - 3:30 pm</td>
<td>Integrated Therapies/ Symptom Management</td>
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<tr>
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<td>Capturing and Managing the Body of Evidence</td>
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<tr>
<td>Susanne M. Cutshall, DNP, APRN, CNS, APHN-BC, HWNC-BC</td>
<td>Hunting for evidence: A roadmap for the journey</td>
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<tr>
<td>Sarah M. Stinson, MS, LPC, CHTP/F</td>
<td>Jennifer DeBerg, OT, MLS</td>
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<td>Organizing and Sharing the Evidence</td>
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<td>Matt Regan, MLIS</td>
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<td>Identifying Research Bias</td>
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<td>Barbara Rakel, PhD, RN, FAAN</td>
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<td>Making the Decision about Sufficient Evidence</td>
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<td>Michele Wagner, MSN, RN, CNRN</td>
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<tr>
<td>3:50 pm - 4:30 pm</td>
<td>Integration of Mental Health in Primary Care</td>
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<td>Thad E. Abrams, MD, MPH</td>
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<tr>
<td>4:30 pm - 5:30 pm</td>
<td>Poster Presentations • Wine and Cheese Reception (cash bar)</td>
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<td>Time</td>
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<tr>
<td>6:30 am - 7:15 am</td>
<td>Optional Health Promotion Activity</td>
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<tr>
<td>7:00 am - 8:00 am</td>
<td>Poster Presentations • CEU Check-in • Continental Breakfast</td>
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<tr>
<td>8:00 am - 9:10 am</td>
<td>Welcome and Keynote Address Minimally Disruptive Medicine</td>
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<tr>
<td></td>
<td>Victor M. Montori, MD, MSc</td>
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<tr>
<td>9:30 am - 11:30 am</td>
<td>Concurrent Sessions (select from session 1, 2 or 3 on following pages)</td>
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<tr>
<td>11:30 am - 12:15 pm</td>
<td>Buffet Lunch</td>
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<tr>
<td>12:15 pm - 1:00 pm</td>
<td>Poster Presentations</td>
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<tr>
<td>1:00 pm - 2:00 pm</td>
<td>Concurrent Sessions (select from session 4, 5 or 6 on following pages)</td>
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<tr>
<td>2:20 pm - 3:30 pm</td>
<td>Personalized Health Care Panel</td>
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<tr>
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<td>Facilitator: Janet Williams, PhD, RN, FAAN</td>
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<td>Zuhair K. Ballas, MD</td>
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<td>Colleen A. Campbell, PhD, MS, CGC</td>
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<td>Virginia Conley, PhD, ARNP, FNP-BC, PMHNP-BC, FAANP</td>
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<td>Sandra Daack-Hirsch, PhD, RN</td>
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<tr>
<td>3:35 pm - 4:00 pm</td>
<td>Closing Address</td>
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<td>Driving Better Care to Put the Patient First</td>
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<td>Mike Brownlee, PharmD, MS, FASHP</td>
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<tr>
<td>4:00 pm - 4:30 pm</td>
<td>Awards and Prizes</td>
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**Nursing Credit**

11.5 contact hours (1.15 Continuing Education Units) will be granted by UI Hospitals and Clinics Department of Nursing (Iowa Board of Nursing Approved provider #34). Participants must attend the entire program to receive full credit.

**Conference Materials**

Online access to conference materials will be available prior to the conference. Hard copies of presentations will not be available at the conference.
Session 1: Vulnerable Populations
- Shared Decision Making - What it is and what it is not • Victor M. Montori, MD, MSc*
- Reducing HgbA1c in a non-English speaking Hispanic population: The health co-op • Gwenneth Jensen, PhD, RN, CNS
- Distraction in action: A predictive and personalized intervention for painful pokes in children • Kirsten Hanrahan, DNP, ARNP, CPNP-PC
- LGBTQ patient study: Lessons of care • DeAnn Wegwert, RN, MS, CCRN
- Factors influence older people’s psychological well-being and suicidal ideation • Pi-Ming Yeh, RN, PhD

Session 2: Health Systems and Professional Development
- The integration of interprofessional simulation education into MSN curriculum • Jacalyn Jaspers, DNP, MSN, RN
- EBP engagement and attitudes of Philippine educated nurses working in the United States • Arthur Ko, PhD, RN
- Measuring the evidence-based practice program outcomes: Undergraduate and graduate students’ attitudes toward EBP • Linda Thiel, PhD
- Improving critical thinking skills in new nursing staff with preceptor led strategies • Amy Lage, BSN, RN, C-NPT
- An epilepsy education intervention to improve confidence and knowledge: An evidence based approach • Jennifer Orshak, MA, BSN, RN, PhD Student
- Workplace violence towards mental health department staff in Jordanian hospitals • Manar Al-Azzam, RN, MSN, PhD, CNS

Session 3: Across the Care Continuum
- Implementing MEWS scoring in the apheresis/transfusion clinic • Shelli Chernesky, MSN, MBA, RN, CCRN
- Sepsis, the silent killer we are beating • Laura Weigand, BSN, RN, CCRN
- Effects of patient characteristics and symptoms on physical function in lumbar degeneration • Teri Holwerda, PhD, RN
- Clinical care pathway for total joint arthroplasty • Heather Perez-Gibbs, RN, BSN
- Transition of care handoff protocol • Marie Rogers, DNP, RN-BC, GCNS-BC, FGNLA
- Implementation and evaluation of an evidence-based group curriculum on an adolescent inpatient unit • Catherine Keys-Andrys, RN, BSN, MA

*Invited presentation, all others selected from submitted abstracts. Author listed submitted abstract, credentials and presentation title. Content considerations and selection of presentations are the responsibility of the Planning Committee. Companies providing financial support did not have input in these areas. Persons participating as faculty for this conference will disclose to attendees the nature of any existing relationships they have with companies providing support.
24th National Evidence-Based Practice Conference
Personalized Health Care: Shades of Gray in Evidence-Based Care

Concurrent Sessions 4, 5 & 6 • Friday, April 28 • 1:00 - 2:00 pm

Session 4: Population Specific
- Is there a relationship between drug/alcohol use and propensity to fall in hospitalized young adults • Pamela Nye, RN, MS, CNS-BC, CNRN, SCRN
- EMR tool to improve interprofessional communication and early ICU mobility outcomes • Robert Anderson, BAN, RN, CCRN
- Wait to bathe: The benefit to delaying newborn baths • Courtney Buss, RN, BSN, RNC, CNC

Session 5: Patient Engagement
- Training nurses in motivational interviewing skills for engaging hospital patients in fall prevention • Debbie Sheikholeslami, BSN, RN-BC, OCN
- Fall prevention: Translating EBP into practice with shared-decision making • Christine Traufler, MSN, RN
- Results of a collaborative community and HCO supported farmers market in a rural USDA food desert • Carrie Engelbright, RN, DNP, CNE, CWP

Session 6: Basic Care
- True blood: The butterfly effect • Dominika Pavone, BSN, RN
- A recipe for excellent nutrition: An enteral feeding bundle • Deanna Mussell, RN, BSN, CCRN
- Decreasing pain and bruising with subcutaneous heparin injections: An integrative review • Elise Arsenault Knudsen, MS, RN, ACNS-BC

*Invited presentation, all others selected from submitted abstracts. Author listed submitted abstract, credentials and presentation title. Content considerations and selection of presentations are the responsibility of the Planning Committee. Companies providing financial support did not have input in these areas. Persons participating as faculty for this conference will disclose to attendees the nature of any existing relationships they have with companies providing support.

Hotel and Transportation

Hotel
A few rooms may be available at the Marriott Hotel & Conference Center. There are also rooms available at the Homewood Suites by Hilton at Iowa River Landing which is within walking distance of the conference center.

Air Travel
The Eastern Iowa Airport (CID) is approximately 20 miles from the conference site. More information can be found at [www.eiairport.org](http://www.eiairport.org).

The Quad City International Airport (MLI) is approximately 64 miles from the conference site. Learn more at [www.qcairport.com](http://www.qcairport.com).

Ground Travel
The Marriott Hotel & Conference Center is located at 300 E 9th St, Coralville, Iowa.
24th National Evidence-Based Practice Conference
Personalized Health Care: Shades of Gray in Evidence-Based Care

Faculty

Manar Al-Azzam, RN, MSN, PhD, CNS; Assistant Professor; Al Albayt University, Mafraq, Jordan
Thad E. Abrams, MD, MPH; Assistant Professor, Internal Medicine; University of Iowa Health Care, Iowa City, IA
Robert Anderson, BAN, RN, CCRN; Staff Nurse, University of Iowa Hospitals and Clinics, Iowa City, IA
Elise Arsenault Knudsen, MS, RN, ACNS-BC; Clinical Nurse Specialist for Research and EBP; UW Health - Hospitals and Clinics, Madison, WI
Zuhair K. Ballas, MD; Professor, Division of Immunology; University of Iowa Hospitals and Clinics, Iowa City, IA
Courtney Buss, RN, BSN, RNC, CBC; Registered Nurse; Advocate Sherman Hospital, Belvidere, IL
Mike Brownlee, PharmD, MS, FASHP; Chief Pharmacy Officer; University of Iowa Hospitals and Clinics, Iowa City, IA
Colleen A. Campbell, PhD, MS, CGC; Assistant Director, Iowa Institute of Human Genetics, Clinical Assistant Professor of Internal Medicine, Director of Genetic Counseling Operations; University of Iowa Health Care, Iowa City, IA
Shelli Chernesky, MSN, MBA, RN, CCRN; Apheresis Nurse Manager; UT Southwestern Medical Center, Dallas, TX
Laura Cullen, DNP, RN, FAAN; Evidence-Based Practice Scientist; University of Iowa Hospitals and Clinics, Iowa City, IA
Virginia Conley, PhD, ARNP, FNP-BC, PMHNP-BC, FAANP; Clinical Professor; University of Iowa College of Nursing, Iowa City, IA
Susanne M. Cutshall, DNP, APRN, CNS, APHN-BC, HWNC-BC; Integrative Health Specialist, General Internal Medicine, Integrative Medicine and Health; Mayo Clinic, Rochester, MN
Sandra Daack-Hirsch, PhD, RN; Associate Professor, PhD Program Director; University of Iowa College of Nursing, Iowa City, IA
Jennifer DeBerg, OT, MLS; Clinical Education Librarian; University of Iowa Hardin Library for the Health Sciences, Iowa City, IA
Carrie Engelbright, RN, DNP, CNE, CWP; Service and Health Faculty; Mid-State Technical College, Wisconsin Rapids, WI
Wendy Fiordellisi, MD; Clinical Assistant Professor, Division of General Internal Medicine; University of Iowa Health Care, Iowa City, IA
Linda Liu Hand, PhD; Director, Office for Nursing Research and Scholarship; University of Iowa College of Nursing, Iowa City, IA
Kirsten Hanrahan, DNP, ARNP, CPNP-PC; Interim Director, Nursing Research, EBP & Quality; University of Iowa Hospitals and Clinics, Iowa City, IA
Teri Holwerda, PhD, RN; Nurse Practitioner; Mercy Health Saint Mary's, Grand Rapids, MI
Jacalyn Jaspers, DNP, MSN, RN; Associate Professor; Allen College - Unity Point Health, Waterloo, IA
Gwenneth Jensen, PhD, RN, CNS; CNS for Research and EBP; Sanford Health, Sioux Falls, SD
Catherine Keys-Andrys, RN, BSN, MA; Advance Practice Nurse; UnityPoint St. Lukes Hospital, Cedar Rapids, IA
Arthur Ko, PhD, RN; Assistant Professor; University of Detroit Mercy, Detroit, MI
Amy Lage, BSN, RN, C-NPT; Staff Nurse; University of Iowa Stead Family Children's Hospital, Iowa City, IA
24th National
Evidence-Based Practice Conference
Personalized Health Care: Shades of Gray in Evidence-Based Care

Faculty

Victor M. Montori, MD, MSc; Professor of Medicine and Director, Knowledge and Evaluation Research Unit; Mayo Clinic, Rochester, MN
Deanna Mussell, RN, BSN, CCRN; ICU Charge Nurse; Kaiser Permanente, Woodland Hills, CA
Pamela Nye, RN, MS, CNS-BC, CNRN, SCRN; Neuroscience Clinical Nurse Specialist; UCLA, Santa Monica, CA
Jennifer Orshak, MA, BSN, RN, CMSRN, PhD Student; Nurse; Veterans Hospital, Madison, WI
Dominika Pavone, BSN, RN; Clinical Nurse: Emergency Department; Advocate Sherman Hospital, Elgin, IL
Heather Perez-Gibbs, RN, BSN; Charge Nurse; VA Medical Center, Iowa City, IA
Matt Regan, MLIS; Clinical Education Librarian; University of Iowa Hardin Library for the Health Sciences, Iowa City, IA
Barbara Rakel, PhD, RN, FAAN; Professor; University of Iowa College of Nursing, Iowa City, IA
Marie Rogers, DNP, RN-BC, GCNS-BC, FGNLA; Clinical Nurse Specialist; Sanford USD Medical Center, Sioux Falls, SD
Debbie Sheikholeslami, BSN, RN-BC, OCN; Staff Nurse; University of Iowa Hospitals and Clinics, Iowa City, IA
Sarah M. Stinson, MS, LPC, CHTP/F; Eating Disorders Therapist and Health Arts Coordinator; Mayo Clinic Health System, Red Wing, MN
Melissa Taylor, PhD, RN; Associate Chief Nurse for Research; VA Pittsburgh Healthcare System, Pittsburgh, PA
Linda Thiel, PhD; Associate Professor; University of Detroit Mercy, Grand Rapids, MI
Christine Traufler, MSN, RN; Clinical Nurse Educator; VA Medical Center, Iowa City, IA
Michele Wagner, MSN, RN, CNRN; Nursing Practice Leader; University of Iowa Hospitals and Clinics, Iowa City, IA
DeAnn Wegwert, RN, MS, CCRN; Staff Nurse; Flagstaff Medical Center, Flagstaff, AZ
Laura Weigand, BSN, RN, CCRN, CNS, Trauma Nurse Specialist; ICU Associate Nurse Manager; Blessing Hospital, Quincy, IL
Janet Williams, PhD, RN, FAAN; Professor of Nursing, chair of Behavioral and Social Science Research; University of Iowa College of Nursing, Iowa City, IA
Pi-Ming Yeh, RN, PhD; Associate Professor; Missouri Western State University, Saint Joseph, MO

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact the Department of Nursing in advance at 319-384-6737.

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Contact Kristen Rempel with questions at kristen-rempel@uiowa.edu, 319-384-6737 or (fax) 319-356-4348 or visit www.tinyurl.com/UIHC-EBPConference.