Children’s and Women’s Services
Fall Nursing Conferences

October 2-5, 2017

Women’s Health
Monday, Oct. 2, 2017

Obstetrical Nursing
Tuesday, Oct. 3, 2017

Neonatal Update
Wednesday, Oct. 4, 2017

Pediatric Update
Thursday, Oct. 5, 2017

Sponsored by
University of Iowa Hospitals and Clinics
Department of Nursing Services and Patient Care
IBN Approved Provider #34

Children’s and Women’s Services
University of Iowa Stead Family Children’s Hospital
Women's Health
Monday, Oct. 2, 2017
Radisson Hotel & Conference Center
1220 1st Ave., Coralville, Iowa

Program Schedule
7:30 a.m. Registration/Vendor Exhibits/Continental Breakfast
8:30 Welcome/Introduction—Jeanne Forman, MSN, RNC-OB
8:40 Preventive Care: Recommended Screening
8:40 Tests Based on Age—Noelle Bowdler, MD
9:30 Vaginal Discharge: What's Normal and Tests Based on Age—Diana Elas, MSN, ARNP, FNP-BC
10:20 Break/Vendor Exhibits
10:40 Female Pelvic Pain—Stephanie Radie, MD, FACOG
11:30 Medication Update: Gynecology Oncology—Diana Elas, MSN, ARNP, FNP-BC, Obstetrics and Gynecology
12:00 Lunch/Vendor Exhibits
1:00 Cutting Edge Post-Partum Contraception—Abigail Mancuso, MD
1:30 Elective Single-Embryo Transfer in Women Less than 38 Years—Abigail Mancuso, MD
2:10 Break/Vendor Exhibits
2:30 All About Mastectomies: A Surgeon's Perspective—Sonia Sugg, MD, FACS
3:20 Updates in Diagnosis and Treatment of Sexually Transmitted Infections—Rebecca Winnike, BSN, ARNP, CNM
4:10 Program Evaluation/CEU Recording
4:15 Adjourn

Nursing Credit: 0.75 CEUs (7.5 contact hours)

Objectives
1. Identify recommendations for screening tests provided by various organizations interested in preventive care.
2. Discuss normal vaginal discharge and discuss assessment and treatment of vaginitis.
3. Discuss the scope of the condition, underlying etiologies, and principles of treatment of chronic pelvic pain, plus recognize "chronic pain" syndrome.
4. Identify “fast track” medications to assist with postoperative recovery.
5. Summarize the benefits of immediate postpartum long-acting reversible contraception.
6. Discuss transferring a single embryo as an effective method to decrease multiple birth rates without affecting fertility rates in infertility patients.
7. Summarize the indications and options for mastectomy.
8. Identify CDC treatment recommendations for gonorrhea and chlamydia.

Speakers
UI Health Care Speakers:
Noelle Bowdler, MD, Clinical Professor, Obstetrics and Gynecology
Diana Elas, MSN, ARNP, FNP-BC, Obstetrics and Gynecology
Stephanie Radie, MD, FACOG, Clinical Assistant Professor, Obstetrics and Gynecology
Jeanne Herrig, MSN, WHNP-BC
Heidi Bernard, BSN, RN, Assistant Nurse Manager, Department of Nursing Services and Patient Care
Heather A. Anaya, DO, FACOG, Clinical Assistant Professor, Obstetrics and Gynecology
Heidi Bernard, BSN, RN, Assistant Nurse Manager, Department of Nursing Services and Patient Care
Sue Votroubek, BSN, RN
Alyssa Kuhn, BSN, RN

Planning Committee
Jeanne Forman, MSN, RNC-OB, Chair
Amy Sanborn, DNP, RNC-EFM
Heidi Bernard, BSN, RN
Ericka Cushman, BSN, RN, CMSRN
Kim Taylor, BSN, RNC-MNN
Amy Dunbar, BSN, RNC-OB
Haven Aldridge, BSN, RN

Program Evaluation/CEU Recording
4:15 Adjourn

Nursing Credit: 0.75 CEUs (7.5 contact hours)

Objectives
1. Summarize the components of breast milk that make it unique from formula and invaluable to babies of all ages.
2. Discuss the current recommendations from the American Academy of Pediatrics for providing a safe sleep environment for infants up to age 1; describe the ongoing work of the UI Safe Sleep Task Force to educate and model safe sleep practices for pediatric inpatients.
3. Define bloodless medicine; identify preemptive strategies for caring for the low-risk and high-risk bloodless medicine OB patient; determine resources and techniques currently available to address blood loss-related morbidities in bloodless medicine OB patients.
4. Identify two interventions to help reduce surgical site infections in OB patients.
5. Describe current recommendations for maternal activity during pregnancy.
6. Discuss clinical considerations during antepartum and intrapartum care.
7. Describe the management of diabetes in pregnancy.
8. Summarize the use of two medications in OB patients.

Speakers
UI Health Care Speakers:
Mikael Meyer, BSN, IBCLC, Staff Nurse and Lactation Consultant, Department of Nursing Services and Patient Care
Heidi Bernard, BSN, RN, Assistant Nurse Manager, Department of Nursing Services and Patient Care
Heather A. Anaya, DO, FACOG, Clinical Assistant Professor, Obstetrics and Gynecology
Heidi Bernard, BSN, RN, Assistant Nurse Manager, Department of Nursing Services and Patient Care
Donna A. Santillan, PhD, Research Assistant Professor, Obstetrics and Gynecology
Christina Shutters, ARNP, CNM, Clinical Assistant Professor, Obstetrics and Gynecology
Rhonda Fruhling, MS, ARNP, CDE, Program Coordinator, Diabetes Education Services, and Advanced Registered Nurse Practitioner, Department of Nursing Services and Patient Care

Planning Committee
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Amy Dunbar, BSN, RNC-OB
Haven Aldridge, BSN, RN
Sue Votroubek, BSN, RN
Rihanna Al-Ghalayini, BSN, RN
Alyssa Wilkinson, BSN, RNC-OB
Shaina Winn, BSN, RN
Kelsey Stueland, BSN, RN
Alyssa Kuhn, BSN, RN

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Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Department of Nursing in advance at 319-356-4304.
Neonatal Update
Wednesday, Oct. 4, 2017
Radisson Hotel & Conference Center
1220 1st Ave., Coralville, Iowa

Program Schedule
7:30 a.m. Registration/Vendor Exhibits/Continental Breakfast
8:00 Welcome/Introduction—Angela Shalla, DNP, RN, Clinical Director, Maternal and Neonatal Services, Children's and Women's Services, Department of Nursing Services and Patient Care
8:10 Neonatal Sepsis Calculators—Brady A’Hearn Thomas, MD, Clinical Assistant Professor, Stead Family Department of Pediatrics, Division of Neonatology
8:20 Break/Vendor Exhibits
8:30 Persistent Pulmonary Hypertension of the Newborn—Jenny Franken Duffy, LISW, and Jill Dao, BSN, RN, CPN
8:40 Preparing for Transfer: Perspectives from the Local Hospital and a Transport Nurse—Sheila Schmidt, BSN, RNC-NIC, UI Health Care Transport Division of Neonatology
9:00 Review the pathophysiology of neonatal hypoxic respiratory failure; discuss case studies involving treatment and the role of inhaled nitric oxide (NO); review the role of INO in reducing the incidence of neonatal extracorporeal membrane oxygenation.
9:30 Planning Committee
Laura Corbett, MNH-P, RN, CCRN
Michael Duggan, BSN, RN
Janet Geyer, MSN, RN, CPNP
Kristi Haughney, BSN, RN
Lauren Hodgson, BSN, RNC
Marissa Johnson, BSN, RN
Mandy Karsten, MSN, RNC
Kerianne Rice, BS, RN
Emily Spellman, MSN, RNC
Stephanie Stewart, MSN, RNC
Carrie Swenka, BSN, RNC
Jessica Wallace, BSN, RNC

Nursing Credit: 0.62 CEUs (6.2 contact hours)

Objectives
1. Discuss the emerging use of neonatal early-onset sepsis calculators to determine the probability of early-onset sepsis in an effort to decrease unnecessary antibiotic exposure.
2. Examine the home-going process and the need for follow-up for the long-term NICU patient.
3. Describe the process of decision-making when there are concerns about the safety of an infant’s home.
4. Review the pathophysiology of neonatal hypoxic respiratory failure; discuss case studies involving treatment and the role of inhaled nitric oxide (NO); review the role of INO in reducing the incidence of neonatal extracorporeal membrane oxygenation.
5. Discuss the long-term issues associated with being born prematurely; identify methods of overcoming obstacles to attain goals.
6. Review the pathophysiology of pulmonary hypertension.
7. Discuss the clinical aspects of preparing the neonate for safe transport.

Speakers
UI Health Care Speakers:
Brady A’Hearn Thomas, MD, Clinical Assistant Professor, Stead Family Department of Pediatrics, Division of Neonatology
Rebecca Chaffo Davila, DNP, NNP-BC, FAANP, Stead Family Department of Pediatrics, Neonatal Intensive Care Unit
Jenny Franken Duffy, LISW, Stead Family Department of Pediatrics, Neonatal Intensive Care Unit
Sheila Schmidt, BSN, RNC-NIC, UI Health Care Transport Registered Nurse, Department of Emergency Medicine

Guest Speakers:
Amir Ashraf, MD, Neonatologist, Children’s Hospital of Orange County, Orange, California
Erica Dynes, former patient
Ms. Schlackenberg, BSN, RNC-NIC, UI Health Care Transport Registered Nurse, Department of Nursing Services and Patient Care

Planning Committee
Laura Corbett, MNH-P, RN, CCRN
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Janet Geyer, MSN, RN, CPNP
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4. Review the pathophysiology of neonatal hypoxic respiratory failure; discuss case studies involving treatment and the role of inhaled nitric oxide (NO); review the role of INO in reducing the incidence of neonatal extracorporeal membrane oxygenation.

Piediatric Update
Thursday, Oct. 5, 2017
Radisson Hotel & Conference Center
1220 1st Ave., Coralville, Iowa

Program Schedule
7:30 a.m. Registration/Vendor Exhibits/Continental Breakfast
8:00 Welcome/Introduction—Mary Beth Davis, MSN, RN, VA-BC
8:10 Intensive Training and Young Athletes: Too Much Too Soon?—Lisa Woodroffe, MD
9:00 Assessing and Addressing Mental Health and Substance Misuse as Potential Factors in Effective Pediatric Pain Management—Sharon Wrona, DNP, RN-BC, PNP, PMHS, AP-GN
10:00 Break/Vendor Exhibits/Move to break out rooms
10:20 Concurrent Break Out Session 1
11:10 Concurrent Break Out Session 2
12:05 p.m. Lunch/Vendor Exhibits
12:30 Concurrent Break Out Session 2
C. Eating Disorders: More Than Just Food—Nam Nguyen, MOT, OTR/L
D. The Cycle of Sickness: Nursing Interventions for Children with Sickle Cell Disease—Sarah Kersevich, MSN, ARNP-CNP
1:40 Break/Vendor Exhibits/Move to general session
2:00 Let’s Roll! Innovatively Providing Statewide and Local Injury Prevention Research Center—Penny Smith, MSN, RNC-NIC
3:00 Patricia 1st Ave., Coralville, Iowa

UI Health Care Speakers:
Lisa Woodroffe, MD, Fellow, Primary Care Sports Medicine, Stead Family Department of Pediatrics
Joni Bosch, PhD, ARNP, Center for Disabilities and Development
Penny Smith, MSN, RNC-NIC, Stead Family Department of Pediatrics
Nike Fleming, JD, Deputy Counsel, UI Health Care
Nam Nguyen, MOT, OTR/L, Senior Occupational Therapist, Department of Rehabilitation Therapy
Sarah Kersevich, MSN, ARNP-CNP, Stead Family Department of Pediatrics
Nam Nguyen, MOT, OTR/L, Senior Occupational Therapist, Department of Rehabilitation Therapy
Nike Fleming, JD, Deputy Counsel, UI Health Care
Nam Nguyen, MOT, OTR/L, Senior Occupational Therapist, Department of Rehabilitation Therapy
Sarah Kersevich, MSN, ARNP-CNP, Stead Family Department of Pediatrics
Pam Hoogerwerf, Coordinator, Community Outreach and Injury Prevention Manager, Stead Family Children’s Hospital

Planning Committee
Debra Bruene, MA, RN, CPHN
Marcia Knepp, MSN, RN, CPN
Katie Burrell, DNP, RN
Mary Beth Davis, MSN, RN, VA-BC
Heather Eastman, MSN, RN
Carolyn Finley, MSN, RN, CCRN
Mandi Houston, MSN, RN, CCRN
Heather Eastman, MSN, RN, Nursing Practice Leader,
Department of Nursing Services and Patient Care
Dan Dolezal, Senior Supervisor, Department of Safety & Security
Lance Clemens, MLS, LIWST, Department of Emergency Medicine and Department of Social Services
Jill Davi, BSN, RN, CPNP, House Operations Manager, Department of Nursing Services and Patient Care

Guest Speakers:
Sharon Wrona, DNP, RN-BC, PNP, PMHS, AP-GN, Administrative Director of the Comprehensive Pain and Palliative Care Services, Nationwide Children’s Hospital, Columbus, Ohio
Lisa Roth, Deputy Director, UI Injury Prevention Research Center

Objectives
1. Describe physiologic injuries that may be attributed to intensive sports training; identify anticipatory guidance strategies for pediatric patients and parents.
2. Describe evidence-based interventions for pain management in children with mental health and substance misuse history; describe the physiologic and behavioral factors of reward and addiction.
3. Identify ADD/ADHD treatment options, strategies for coping, and sources of support.
4. Discuss the current recommendations from the American Academy of Pediatrics for providing a safe sleep environment for infants up to age 1; describe the ongoing work of the UI Safe Sleep Task Force to educate and model safe sleep practices for pediatric inpatients.
5. Summarize how nursing malpractice cases may arise, common issues associated with these cases, and how to prepare if asked to be involved in a case.
6. Identify the symptoms of an eating disorder, potential treatment, associated nursing interventions, and available resources and support.
7. Describe the clinical course and implications of sickle cell disease in children, identify nursing interventions to improve the care of patients.
8. Identify innovative ways nurses may engage with children, parents, and the community to promote pediatric safety and health care.
9. Describe a therapeutic de-escalation strategy to utilize for nursing practice.

Speakers
UI Health Care Speakers:
Lisa Woodroffe, MD, Fellow, Primary Care Sports Medicine, Stead Family Department of Pediatrics
Joni Bosch, PhD, ARNP, Center for Disabilities and Development
Penny Smith, MSN, RNC-NIC, Stead Family Department of Pediatrics
Nike Fleming, JD, Deputy Counsel, UI Health Care
Nam Nguyen, MOT, OTR/L, Senior Occupational Therapist, Department of Rehabilitation Therapy
Sarah Kersevich, MSN, ARNP-CNP, Stead Family Department of Pediatrics
Pam Hoogerwerf, Coordinator, Community Outreach and Injury Prevention Manager, Stead Family Children’s Hospital

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Heather Eastman, MSN, RN
Carolyn Finley, MSN, RN, CCRN
Mandi Houston, MSN, RN, CCRN
General Information

Acknowledgments
We gratefully acknowledge the generous support from vendor exhibitors. A complete listing of exhibitors will be included in each program syllabus.

Credits
Nursing credits will be granted by the UI Hospitals and Clinics Department of Nursing Services and Patient Care (IBN Approved Provider #34) for full-time attendance. Questions concerning continuing education programs may be directed to the Nursing Clinical Education Center at 319-356-4304.

Continuing education programs through the UI Hospitals and Clinics Department of Nursing Services and Patient Care are developed under the supervision of Lou Ann Montgomery, PhD, RN-BC.

Registration
- Register online at uihc.org/nursing-continuing-education and select “Non-University of Iowa Hospitals and Clinics Employees.”
- Return the registration form and registration fee to NCEC Conference Coordinator, UI Hospitals and Clinics, Department of Nursing Services and Patient Care, 200 Hawkins Drive, W431-F GH, Iowa City, Iowa 52242.
- Make check payable to UI Hospitals and Clinics.
- Participants must pre-register. Confirmation of registration will NOT be mailed; receipts will be provided only upon request.
- Refund: Full refund (minus $10 cancellation fee) will be made if notifications are received on or before Sept. 18, 2017.

Due to fluctuations in room temperature, we recommend you dress accordingly for your personal comfort.

Join us for a complimentary reception at the Radisson Hotel immediately following the Pediatric Update Conference. Enjoy refreshments, informal network with other conference goers, and celebrate pediatric nursing. An optional cash bar is also available.

Hotel
The conferences will be held at the Radisson Hotel and Conference Center, 1220 1st Ave., Coralville, Iowa (north at I-80 exit 242 and adjacent to the Hampton Inn). Call the Radisson at 319-356-4304 or 1-800-333-3333 by Sept. 2, 2017. Ask for CWS Nursing block reserved for Sunday, Oct. 1 through Wednesday, Oct. 4.

Registration Form
2017 Children’s and Women’s Services Fall Nursing Conferences

License Number (required):

Name:

Home Address:

City/State/Zip:

Employer:

*If UI Health Care, please indicate unit and division. If student, list college or university attending

Work Address:

*City/State/Zip:

Position/Title:

Work Phone:_________________________Home Phone:_________________________

Email:______________________________

Registration Fees

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* Early registration fees reflect a discount for multiple day registrations if submitted on the same application and postmarked by Sept. 18, 2017. Regular fees apply if registration received after Sept. 18, 2017 with no postmark.
** Undergraduate nursing student fee is $35/day if postmarked by Sept. 18, 2017 (includes lunch; no CEU credits provided); add $15 if after registration deadline.

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2017 Children’s and Women’s Services Fall Nursing Conferences

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** Undergraduate nursing student fee is $35/day if postmarked by 9/18/17 (includes lunch; no CEU credits provided); add $15 if after registration deadline.

*Reserve the right to cancel if insufficient enrollment.

Please check the day(s) you plan to attend:

- 10/02 Women’s Health
- 10/03 Obstetrical Nursing
- 10/04 Neonatal Update
- 10/05 Pediatric Update
- 10/20 a.m. Session
- A. Life with ADD/ADHD
- B. Beyond Back to Sleep
- 12:30 p.m. Session
- C. Eating Disorders
- D. The Cycle of Sickling

Make check payable to: UI Hospitals and Clinics

Send registration form and fees to:
NCEC Conference Coordinator
Department of Nursing Services and Patient Care
UI Hospitals and Clinics
200 Hawkins Drive, W431-F GH
Iowa City, IA 52242-1009

Sponsored by Department of Nursing Services and Patient Care IBN Approved Provider #34

University of Iowa Health Care is the state’s only comprehensive academic medical center, dedicated to providing world-class health care and health-related outreach services to all Iowans. Based in Iowa City, UI Health Care includes University of Iowa Hospitals and Clinics, the University of Iowa Roy J. and Lucille A. Carver College of Medicine, and University of Iowa Physicians, the state’s largest multi-specialty physician group practice.