Knowledge, resources and facilitation are required if nurses are to be successful in integrating evidence into clinical practice.

A number of resources and venues have been developed at the University of Iowa Hospitals and Clinics to meet the education, resource and facilitation needs of the nursing community in promoting evidence-based practice.

Complimentary Resources
Available at www.tinyurl.com/EBPresources-UIHC

The Iowa Model Revised: Evidence-Based Practice to Promote Excellence in Health Care©
Guides nurses to systematically deliver and evaluate safe, high quality nursing interventions that produce desired patient outcomes and excellent health care.

Evidence-Based Practice Self-Efficacy Scale
Measures effects of educational training programs to improve self-efficacy related to EBP skills.

Implementation Strategies for Evidence-Based Practice©
Provides direction for planning effective implementation strategies to promote adoption and integration of evidence-based health care.

Dissemination of Nursing Knowledge: Tips and Resources©
Provides practical “how to” tips and resources for nurses wanting to disseminate nursing knowledge generated through EBP and research.

Nursing Evidence-Based Practice Survey©
Useful for organizational assessment and program planning.

Presentations/Consultations/Scheduled Visits
Requests welcome
Educational Events
Held in Iowa City, IA

National Evidence-Based Practice Conference
This annual conference features nationally known speakers and clinical experts. Conference themes address contemporary issues for improving quality care, patient outcomes, and maintaining costs using EBP.

Advanced Practice Institute: Promoting Adoption of Evidence-Based Practice
This is an advanced program designed to build skills in the most challenging steps of evidence-based practice process and in creating an organizational infrastructure to support evidence-based health care. Participants will be able to implement, evaluate, and sustain EBP changes in complex health care systems.

Additional Resources
Available at https://uihc.org/nursing-research-and-evidence-based-practice

EBP to Go™: Accelerating Evidence-Based Practice
These ready-to-use booklets provide clinically relevant pre-screened resources and tools to supplement clinical practice recommendations and support adoption of EBP on diverse topics. The tools facilitate nurses and teams in accelerating the EBP process. Topics currently available: Nurse Work Hours and Fatigue Mitigation, Energy Through Motion®, Thermoregulation for Adult Trauma Patients, Pain Assessment for Older Adults, Oral Assessment for Oncology Patients, Oral Care for Oncology Patients.

WellMe in 3™ DVD
This DVD includes 23 wellness videos in 3-minute segments designed to engage viewers. Each segment, guides colleagues through brief aerobic, stretching, or relaxation exercises, inviting viewer participation.

Introductory Evidence-Based Practice Online CEU Course
The course covers what EBP is and why it’s important, how to use models to guide EBP initiatives, strategies to test and sustain a practice change, and leadership approaches for building an EBP culture.

NEW! Evidence-Based Practice In Action: Comprehensive Strategies, Tools, and Tips
Coming soon

Evidence-Based Practice Building Blocks: Comprehensive Strategies, Tools and Tips®
This application oriented guidebook provides detailed direction for nurses and healthcare leaders in adoption of evidence-based practices. Electronic forms and templates for steps such as selection of a topic, literature searches, synthesis, implementation, and evaluation.

Evidence-Based Practice Staff Nurse Internship®
Mentor staff nurses to lead EBP through this internship. Options include training conducted at your facility with UI Hospitals and Clinics faculty or a training manual to conduct the internship by purchaser.